

Price List

Physiotherapy (initial consultation+treatment) 60min	£80
Physiotherapy (follow up) 50 min	£70
Physiotherapy (follow up for children) 40 min	£60
SWT Shock Wave (3 treatments)	£150
SWT Shock Wave (follow up visit)	£50
Hypnotherapy	£70
Holistic Corrective Exercise (initial consultation+treatment)	£70
Holistic Corrective Exercise (follow up)	£60
Kinesiology Tape (treatment)	£25
Insoles correction (follow up visit)	£50
Massage (30 mins)	£35
Massage (45 mins)	£45
Massage (60 mins)	£60
Massage (90 mins)	£100
Acupuncture (initial consultation + treatment)	£40
Acupuncture (follow up)	£25
Reiki (initial consultation+treatment)	£80
Reiki (follow up)	£70
Reiki Drum	£70
Crystal Healing	£70
Group Meditation with Sound Healing	£10 per person
Yoga - group	£12 per person
Iridology Consultation (45 min)	£80
Iridology follow up (30 min)	£60
Holistic Health Assessment Consultation with a Treatment Plan	£130*
Holistic Health Assessment follow up (30min)	£60
Meal Plan 7 days (ready in 4 working days)	£75
Meal Plan 14 days (ready in 7 working days)	£150
Products	
Orthopaedic insoles (plus consultation fee)	£90
Sports orthopaedic insoles (plus consultation fee)	£80